

NAVIGATOR





Clockwise from far left: Safe and splendid harbor at Bannister's Wharf; Redwood Library's 18th-century welcome; the spice of life from Tallulah's Tacos; a plein air screening at newportFILM

STAY FOR A WEEKEND

Farmaesthetics founder Brenda Brock gives away 10 secret hometown favorites

1 / MORNING RITUAL

Start the day at Newport Shipyard with coffee and a breakfast sandwich at Belle's Cafe, surrounded by the big, beautiful boats that Newport is famous for. Put your iPhone away and just enjoy the yacht crews buzzing around, provisioning

2 / RAW DEAL

While delicious every day of the week, Benjamin's Raw Bar on Thames Street runs Tuesday specials that make heaping platters of oysters, clams, and shrimp a tasty deal.

3 / SHOP INSIDE

In a quiet corner of Newport's historic Point neighborhood, Cottage & Garden is Brock's go-to for vintage, modern, and industrial design treasures for house and garden.

4 / SHOP OUTSIDE

Brock goes to the **Aquidneck Growers** Market for two things: local fresh flowers from Little State Flower Co. (at the Saturday market) and a big bag of what she calls "spectacular" tacos from chef Jake Rojas's Tallulah's Tacos (on Wednesdays).

5 / SPA DAY

Brock's own line of products and services makes The Retreat at Castle Hill by Farmaesthetics a luxurious escape for locals and hotel quests alike.

6 / RAIN DAY

An aesthetic gem that many visitors never discover, the circa-1747 Redwood Library is an architectural delight and a serene spot for reading, writing, and pondering Newport's rich history.

7 / FAVE FEST

Farm Fresh RI's annual **Local Food Fest** (August 15 this year) showcases area farmers, fishermen, and food artisans through the creations of some of the town's top chefs.

It's the coolest film series ever: Grab a picnic blanket, bites, and a bottle of wine and catch documentary films under the stars at some of Aquidneck Island's most breathtaking newportFILM's calendar for run dates

10 / MINI GETAWAY

Book an overnight stay at the Paradise **Farmhouse at Norman** Bird Sanctuary, a beautifully renovated rental home within walking distance of the beach, with a fully stocked kitchen and a birdsong soundtrack.

The Skybar at Clarke Cooke House on Bannister's Wharf is Brock's all-time favorite dining room for "pink sunsets, white dinner jackets, cocktails, and the most divine steaks and seafood imaginable."

8 / DATE NIGHT

9 / MOVIE NIGHT

outdoor venues. Check and locations.



For a luxuriously hip hangout on Goat Island in Newport Harbor, Gurney's Newport Resort & Marina is where it's at (rates start at \$105). For design-driven boutique digs in town, look no further than The Attwater (rates start at \$168). And for historic panache, Castle Hill Inn has beachfront cottages, the world's best lawn, and brilliantly reimagined rooms in the 1874 mansion (rates start at \$445).

STAY FOR



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4 bedrooms, 4 baths 4.640 square feet • \$1,700,000 MLS# 1130455 / coldwellbankerhomes.com



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